

2010 MIDWEST PLAINS REGIONAL 13 YEAR OLD BABE RUTH TOURNAMENT



WEDNESDAY, AUGUST 4TH – MONDAY, AUGUST 9TH, 2010

ITEMS TO BE COMPLETED ASAP:

1. Call the Tournament Headquarters Hotel and reserve your rooms:
Holiday Inn Express & Suites
1100 E. County Road E
Vadnais Heights, MN 55110
1-800-315-2605

****A group rate of \$85 is being offered to all Midwest Tournament guests. Please reference Babe Ruth Tournament Room Block when making your reservation**

2. Please have your Team Manager email Cathy Gallagher, our Host Family Housing Coordinator, the following information:
 - a. List of players for housing assignment. Please be sure and list any special medical or diet situations.
 - b. Coach and team manager names, cell numbers and emails so we may reach you if needed.
 - c. Estimated total rooms being reserved at the Host Hotel, The Holiday Inn Express & Suites, by your team and fans.
 - d. Estimated number of players, coaches and family members and fans that will attend the Tournament Banquet on Wednesday evening.

Cathy Gallagher
Catherine.gallagher@securian.com
651-260-5250

3. Please have your team manager email Cathy Gallagher your team picture with player names and numbers.
4. Please be sure to read the rest of this tournament information booklet for important information regarding the tournament. We are excited to have you join us in Maplewood, Minnesota!

July 2010

Dear State Champion Coaches and Players,

Congratulations on winning your State Tournament and welcome to the 2010 Midwest Plains Region 13 Year Old Babe Ruth Tournament.

You will be traveling to Maplewood, Minnesota on the eastern edge of the Twin Cities metro area. East Twins Babe Ruth will be hosting you and your fans for the August 4-9 tournament. Established in 1954, East Twins serves the communities of St. Paul, White Bear Lake, Maplewood, Oakdale and North St. Paul. Located on the east side of Phalen Lake, East Twins has been providing competitive baseball for over 50 years.

All of us at East Twins are looking forward to your arrival and hope this information will be helpful as you plan your trip. If you have questions please check the information on the web pages listed, or have your team representative contact us in advance of your arrival. Please keep in mind that the information contained in this packet is intended only as a pre-tournament guide. Scheduling changes may occur as the tournament gets closer.

We want to welcome you on behalf of the entire East Twins organization. We look forward to a great tournament!

A handwritten signature in cursive script that reads "Jim Faser". The signature is written in dark ink and is positioned above the printed name and title.

Jim Faser
2010 Regional Tournament Director

TOURNAMENT NAMES, ADDRESSES AND NUMBERS

Host Organization: East Twins Babe Ruth Baseball
Maplewood, MN
www.easttwinsbaseball.com

Tournament Director: Jim Faser
651-253-1491
jimfaser@msn.com

Assistant Director: Andy Short
651-338-1122
Ajshort31@comcast.net

Housing Coordinator: Cathy Gallagher
651-260-5250
Catherine.gallagher@securian.com

Tournament Hotel Headquarters:

Holiday Inn Express & Suites
1100 E. County Road E
Vadnais Heights, MN 55110
1-800-315-2605
www.hiexpress.com

Tournament Check In: East Twins
1717 Prosperity Road
Maplewood, MN 55109

BRING YOUR STATE FLAG

The Midwest Plains Regional Tournament is a tournament of State Champions representing each of the states making up the Midwest Region. These states include Colorado, Iowa, Kansas, Minnesota, Missouri, Nebraska and North Dakota.

We will be incorporating these State Flags into the opening ceremonies.

****We are asking each team to bring a 3 x 5 flag representing your state. We ask that the flag not be mounted on a flag staff. Grommets in the corners are ideal.**

Each state flag will be displayed during tournament play and remain on display as long as the respective team remains in tournament play. Win or lose, your flag will go home with your team at the end of the tournament.

TOURNAMENT PLAYING FIELDS

Primary: East Twins Babe Ruth
1717 Prosperity Road
Maplewood, MN 55109

- 290' down left field line
- 310' center field
- 276' down right field line
- Beautiful grass infield and outfield
- Bullpens down each line outside of playing field
- Concession and restroom facilities
- Plenty of free parking
- Two batting cages located at the Tournament Field

Backup Field: Gladstone Field

TOURNAMENT TEAM CREDENTIAL CHECKLIST

All teams are expected to have their team credentials in order for review at the team check in. These documents should all be neatly in a 3 ring binder with the following tabbed sections:

1. Letter of League Eligibility (signed by State Commissioner)
2. Tournament Team Roster (signed by League President)
3. Birth Documents (BR cards are suggested but not required)
4. Local League Rosters (Tournament Team players and coaches hilited)
5. Coaches Certification information (starting in 2009)
6. Certificate of Insurance Coverage (Accident & Liability)
7. Insurance Claim Forms (signed by a league official)
8. Consent for Treatment Forms (for each player)
9. Team Photo (with names and numbers attached)
10. Waivers (if applied for)

**The one page CONSENT FOR TREATMENT FORM will be put in the credentials book and kept there.

REQUIRED ATTENDANCE

- *All players and coaches must be in attendance at your designated Check in Time
- *All players and coaches must be in attendance at the banquet on Wednesday night
- *All coaches must be in attendance at the coaches meeting, which will be on Thursday morning, prior to breakfast
- *All players and coaches must be in attendance at the opening ceremonies Thursday morning.

TOURNAMENT PROGRAM

Pictures and player information for the Tournament program must be in our hands no later than noon on Friday, July 30th. Information received after this time and date are not guaranteed.

Please email your information to the following email address:

Catherine.gallagher@securian.com

We recommend the picture be in jpeg format and the team information be in a Word file. Please reference 2010 Midwest Plains Babe Ruth Player Picture and Information in the subject line.

CHECK IN INFORMATION

Team check in will take place Wednesday, August 4th at East Twins. In addition to welcoming your players and coaches, Babe Ruth officials will be verifying team credentials. Host home and player assignments will also be announced at check in. Players will meet and go with your Host Families immediately following check in

CHECK IN SCHEDULE-WEDNESDAY, AUGUST 4TH

9:00 - 9:45	Host Team, East Twins
9:45-10:30	Minnesota State Champion
10:30-11:15	Iowa State Champion
11:15-12:00	North Dakota State Champion
12:00-12:45	Nebraska State Champion
12:45- 1:30	Missouri State Champion
1:30 -2:15	Kansas State Champion
2:15- 3:00	Colorado State Champion

All team players and coaches MUST be in attendance, AS A GROUP, at your respective check in time. As your tournament host, we will be conducting the check in process with the help of Babe Ruth League officials, but we DO NOT have the discretion of waiving required check in attendance. Exceptions and/or waivers in reference to 100% attendance should be addressed with the appropriate Babe Ruth officials prior to your arrival at check in. In the event of a travel emergency, please contact Jim Faser at 651-253-1491 so that arrangements can be made to your time.

Checks in times have been determined by the various States' geographic proximity to Maplewood. Actual travel distances may be slightly different. We apologize for any inconvenience that this may cause.

PRE-TOURNAMENT PRACTICE SCHEDULE

If you will be arriving in Maplewood prior to Wednesday, August 4th, we should have no problem finding you practice fields to use. Please contact Jim Faser, Tournament Director at 651-253-1491 for more information. If you do not arrive early, we will hand out practice field information at your team check in. Once the tournament starts fields will be available but we WILL NOT be assigning practice schedules.

COACHES, UMPIRES AND OFFICIALS MEETING

Coaches, umpires and officials will have a brief meeting prior to the Pancake Breakfast on Thursday, August 5th. The meeting will take place at the American Legion in St. Paul and begin promptly at 7:30 a.m. We recommend that all Managers and Coaches attend this meeting. There will be a complimentary pancake breakfast for all coaches, players, managers and tournament officials immediately following the meeting. Parents and family members are welcome to join us for a minimal cost of \$5.00.

Arcade Legion
1129 Arcade Street
St. Paul, MN 55106
651-771-8778

TOURNAMENT BANQUET

Parents, Grandparents and Fans are welcome to attend the Tournament Banquet on Wednesday, August 4th at Jimmy's Restaurant in Vadnais Heights. Jimmy's, which is adjacent to the Holiday Inn Express Hotel & Suites, is approximately 15 minutes from East Twins. Players, coaches, tournament officials and host families will be admitted free of charge. All others are welcome to join us for a wonderful pasta dinner for the minimal charge of \$10. There will be a guest speaker joining us at the banquet and we would love to have you join us as well!

Jimmy's Restaurant
3565 Labore Road
Vadnais Heights, MN 55110
651-482-1233

TOURNAMENT HOTEL HEADQUARTERS

Holiday Inn Express & Suites
1100 E. County Road E
Vadnais Heights, MN 55110
1-800-315-2605
www.hiexpress.com

The Holiday Inn Express & Suites is helping sponsor our tournament. All Babe Ruth Officials will be housed at the Holiday Inn. Each team must have at least one manager or coach stay at the Tournament Hotel Headquarters to represent your team. The Holiday Inn is located approximately 15 minutes from East Twins and as stated above, is adjacent to Jimmy's, the location of the Tournament Banquet. It is also located right off of Interstate 35E and is located in the midst of a business district, giving you easy access to many stores and restaurants!

For your convenience we have reserved a block of rooms for coaches, parents and fans. Please call the hotel and make your reservation and provide your payment method. Our room block will be released on August 2nd so it is imperative that you book your room by then.

We have a contract rate of \$85 per night and payments for the rooms are the sole responsibility of each family or team. When calling for reservations please ask for the Babe Ruth Tournament Room Block.

SCHEDULE OF TOURNAMENT ACTIVITES

Wednesday, August 4th

9:00 a.m. – 3:00 p.m.

East Twins Babe Ruth Field

Teams Check in

4:00 p.m. – 5:30 p.m.

East Twins Babe Ruth Field

Skills Competition

5:30 p.m. – 8:00 p.m.

Jimmy's Restaurant

Banquet

Thursday, August 5th

7:30 a.m. – 8:00 a.m.

Arcade Legion

Officials and Coaches Meeting

8:00 a.m. – 9:00 a.m.

Arcade Legion

Breakfast

Family and friends welcome!

9:30 a.m. – 10:15 a.m.

East Twins Babe Ruth Field

Opening Ceremonies

11:00 a.m.

Tournament Starts!

Thursday Game Schedule:

All games will be held at East Twins Babe Ruth Field

Game #1: 11:00 a.m.

Game #2: 2:00 p.m.

Game #3: 5:00 p.m.

Game #4: 8:00 p.m.

Friday Game Schedule:

Game #1: 10:00 a.m.

Game #2: 1:00 p.m.

Game #3: 4:00 p.m.

Game #4: 7:00 p.m.

SCHEDULE OF TOURNAMENT ACTIVITES

Saturday Game Schedule:

Game #1: 9:00 a.m.

Game #2: 12:00 p.m.

Game #3: 3:00 p.m.

Sunday Game Schedule:

Game #1: 1:00 p.m.

Game #2: 4:00 p.m.

Monday Game Schedule:

If necessary

Game #1: 9:00 a.m.

PLAYER INSTRUCTIONS FROM MIDWEST PLAINS REGION:

Officials of Babe Ruth Baseball in Minnesota, the Midwest Plains Region and the tournament hosts have made extensive efforts to make certain your stay will be a pleasant, rewarding and educational experienced. Therefore, we expect each participant to cooperate with the following regulations during the tournament.

1. ASSISTANCE-We want every participant to thoroughly enjoy the entire tournament experience. If you need any information or assistance, contact your coach or manager immediately. He/she in turn, may rely upon the aid of tournament officials, when necessary.
2. CONDUCT-Your conduct will be above reproach on and off the field. Any misbehavior or misconduct not only could cause your disqualification from the tournament, but could also disqualify your team as well.
3. SCHEDULE-Follow your team schedule at all times. Be at practice sessions and any other events on time. Please follow your schedules given and also any special events schedule as a team with your coach or manager. Make sure that your coach or manager communicates with the Host Families any scheduled tasks.
4. APPEARANCE-At the Regional Tournament qualifiers, we expect your dress to be neat and appropriate.
5. HOST TEAM-Host team members are subject to the same rules and regulations as the other tournament qualifiers.
6. CURFEW-All players need to be advised the tournament curfew regulations require they are to be in (1) hour after the last scheduled activity of the day or tournament games is completed. If no tournament games are scheduled, the curfew is 11:00 p.m.
7. ILLNESS-In the event a player becomes ill, contact your team coach or manager immediately.
8. TOURNAMENT PASS-You will be issued a tournament pass that allows you to enter the tournament at all times. Once the tournament begins, and also for opening ceremonies you will be asked to wear your jersey at the ball field and banquet to get free admission. This will eliminate any confusion that you are a player participating in the tournament.

Should there be any changes or additions to these instructions your coach or manager and players will be notified by the Tournament Director.

HOST FAMILY RESPONSIBILITIES FROM MIDWEST PLAINS REGION:

1. **HOST FAMILIES AND PLAYERS INTRODUCTIONS:** Host families will be assigned to players designated for their stay during the tournament. The Host families will meet the players at check in for introductions, to meet the players and their families that have come to enjoy the tournament. Should you have any questions or concerns please contact the Tournament Director for instructions.
2. **TRANSPORTATION:** Host families will pick up players after the check in and they will be responsible for them for the duration of their stay at the tournament. Managers will make sure all host families know the players are to be in uniform and at the proper place at least 45 minutes prior to scheduled start times unless notified otherwise. Host families need to work closely with the team managers to assure promptness as they will provide transportation to and from all scheduled events and practice sessions.
3. **MEALS:** Host families shall provide 3 meals for the players each day as needed. Adjustments to meal schedules may be necessary, depending on tournament schedule. Inform all players that the host family needs to be informed of team schedule, and if a player is to be absent from a meal. Please be sure to communicate to avoid confusion.
4. **SUPERVISION:** All players need to be advised the tournament curfew regulations require they are to be at their host family residence one hour after the last scheduled activity of the day or tournament game is completed. If no tournament games are scheduled, the curfew is 11:00 p.m.
 - In the event of an absence, please contact the Babe Ruth regional officer or Tournament Director
 - Host families, managers, coaches etc may not serve alcoholic beverages of any kind to any players. If anyone comes across a situation please notify Babe Ruth League Officials immediately.
 - Host families shall advise and receive permission from the tournament administration to take players on any special trips or outings. The regional official and tournament director should be notified prior to any such plans being made. Host families should communicate with the coach or manager and parents (if at the tournament) of any of these activities prior to doing the activity.

- In the event a player becomes ill, contact the team manager, family, regional officials and the Tournament Director immediately. Each player is covered by his own league accident insurance policy as well as his personal health insurance. Also, the players' parents have signed a consent for treatment form granting the host family and tournament administration the authority to approve any emergency treatment if necessary.
5. **TEAM CHECK OUT:** Host families will be notified of the team's departure time following the team's final game. As the tournament concludes, each team is required to check out as a team at the tournament site. This is necessary for the host family can officially relinquish responsibility for the players and so all documents can be given to the team prior to departure. Each team manager should coordinate the exact check out time with the Tournament Director.

If you have any questions at all please contact the Tournament Director!

GENERAL TOURNAMENT GUIDELINES

- Regular Babe Ruth Baseball Tournament rules will be the guideline
- Home Team will be on the bottom of the bracket for the first round only. A coin flip will determine Home Team after the first round.
- All Tournament games will be played at East Twins Babe Ruth Field. No practices will be allowed on this field. Teams are expected to be game ready when they take the field at game time
- We will allow a brief infield/outfield warm up prior to games.
- Practice fields for team practices will be available and given out at team check in. We will not be assigning specific times and locations.
- All tournament games will be played according to the scheduled times. Game times will not be moved up in the event of short games. Long games might infringe on the starting time for the next game, but we will adhere to the schedule as close as possible.
- Game lineups should be turned in at least one hour prior to your scheduled game time. Line up forms will be provided for your convenience. Do not forget to sign your line up form.
- We request that all teams be to East Twins, ready to play, at least 30 minutes prior to the scheduled game time. Occupancy of the dugouts will be allowed 15 minutes prior to the game play.
- Dugouts will be assigned as follows: Home-3rd Base, Visitor-1st Base
- We ask that you and your players be “in the area” of the appropriate dugout as your game time approaches. Please do not enter the designated dugout area until permitted.
- The dugouts are OFF LIMITS, AT ALL TIMES, TO EVERYONE EXCEPT ROSTERED MANAGERS, COACHES AND PLAYERS. If parents want to talk or deliver items to players, we strongly recommend this be done before or after the game.
- Please clean up your dugout upon conclusion of your game.
- The bullpen areas are down each foul line and outside the playing field and are to be used for game play only. This means, before and during the game, for the purpose of pitcher warm-up or other player activity as if necessary for game preparation. Please be sure that your players remain in the dugouts at all times, except when involved in game play.
- Relief pitchers, coming off of the bench, should be warmed up in the bullpen after taking the mound, all relief pitchers will be allowed limited warm up pitches as described by Babe Ruth League rules.

HOST HOME HOUSING INFORMATION

Housing Arrangements have been made to accommodate players in groups of 2, 3, or 4 players per host team. Our housing plan simply calls for us to place teammates in host homes based on the number each can accommodate.

Players are “guests” of the people that have opened their homes to host players and we expect players to act like guests. Please clean up after yourself and respect your host family’s home, belongings, schedule, extended family, neighbors and community. If issues arise that create a situation where the player(s) can no longer stay with the host family it will be the team’s responsibility to find alternative housing. We have a strong baseball culture in our community and do not expect any problems. The Team Manager should complete the attached form and return it immediately to the Housing Director.

It is imperative that you alert any special medical or dietary needs for a player to the Housing Director so she can notify the Host Family. Also, please send any players that wish to be placed together with host family requests to the Housing Director as well and we will do our best to accommodate such requests. Our housing director must receive these special requests no later than Monday, August 2nd. Also, please have your team manager provide your complete contact information so we can follow up.

Please email the attached housing information sheet to Cathy Gallagher at Catherine.gallagher@securian.com

Team Name: _____

Team Manager: _____

Team Manager Email: _____

State: _____

Home Phone: _____ Cell Phone: _____

Player: _____ Phone: _____

Player: _____ Phone: _____

Player: _____ Phone: _____

Player: _____ Phone: _____

Player: _____ Phone: _____

Player: _____ Phone: _____

Player: _____ Phone: _____

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